



## October is World Hospice and Palliative Care Month

### What is Palliative Care?

Palliative care focuses on **symptom relief** and **quality of life**. You may pursue palliative care even while undergoing treatment (such as chemotherapy or radiation). Common symptoms that palliative care helps address include: pain, difficulty breathing or shortness of breath, nausea, loss of appetite, difficulty sleeping, emotional distress -- *and many more*. Palliative care may benefit people of all different ages and with different illnesses or diagnoses.

### How is Palliative Care different from Hospice?

Palliative care is different than Hospice Care. Palliative care can be received *at anytime* during an illness; whereas, Hospice provides comfort care and support specifically toward the end-of-life. Often, involving palliative care *early on* in the course of an illness has a positive impact on the patient and their loved ones.



*We're here for you*

### HOA has a Palliative Care Team

Dr. Silviu Pasniciuc, MD, is our dedicated Palliative Care Physician. He has received specialty training in palliative medicine and is board-certified. He works closely with the other members of your care team and helps ensure that your care aligns with your wishes. *Ask your Doctor or Nurse about Palliative Care and see if it's right for you.*



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