



Saturday, July 6
Baseball game followed by fireworks!
(Rain Date: Saturday, July 13)

Please join us for our annual Cancer Care Celebration with the Auburn Doubledays on Saturday, July 6 at 130 N. Division St in Auburn!

FREE admission to ANYONE who [registers at this link](#).

Gates open at 6 p.m. & game starts at 7 p.m. followed by fireworks.

We will have a recognition ceremony & gift for cancer survivors.

First 500 guests receive a gift.

Ring for Hope Against Cancer



We Now Have a "Hope Against Cancer Bell" in Each of Our Offices!

We are encouraging patients, families and friends to ring the bell:

- Before starting treatment
- When finishing your first, or any treatment
- To mark a milestone
- To sound the joy of an improved/stable scan
- To show gratitude
- In hope for success against cancer

For whatever reason you feel the need, we hope you find the joy it may bring!

Coping with Fear of Cancer Recurrence

After treatment ends, many cancer survivors have fear or anxiety related to the possibility of their cancer coming back. The following suggestions from our [Social Work Department](#) may help:



- Living with uncertainty is hard. Allow yourself to feel and express your feelings.
- Talk about your feelings with a family member or friend you trust or reach out for professional counseling.
- Pay attention to your "self-talk" and how it might be fueling your anxiety.
- Find healthy outlets for your stress such as exercise, creative activities, spending time outdoors, exploring new interests.
- Make healthy life choices related to your nutrition, exercise and sleep patterns.
- Talk to your doctor about your concerns and ask questions so you feel prepared with the information you need.
- If your anxiety begins to get overwhelming or interferes with your daily activities, work, or relationships reach out for professional help. Individual or family counseling or joining a support group can help you to develop coping skills.
- Make an appointment with one of the Social Workers at HOA by calling the office at (315) 472-7504.



James Giannone, DO, MS, FACS, FACOS Joins Breast Care Partners' Surgical Team

[Breast Care Partners, LLC](#) is pleased to announce James J. Giannone, DO, MS, FACS, FACOS, from St. Joseph's Physicians Surgical Services in Syracuse, has joined our breast surgery team.

Dr. Giannone is a board-certified, fellowship-trained general surgeon who earned his Doctor of Osteopathic Medicine from New York College of Osteopathic Medicine in Old Westbury, NY and Master of Science Certification from New York Institute of Technology, New York, NY.

Breast Care Partners is a virtual breast health center providing comprehensive care to hundreds of women each year. In addition to HOA, and St. Joseph's Surgical Services, clinical partners include Crouse Health, St. Joseph's Health, CRA Imaging and St. Joseph's Imaging.



with Dr. Kavitha Prezzano

[Click here](#) to watch Dr. Kavitha Prezzano on WSYR-TV 9's *Bridge Street* discuss radiation oncology - how it works & more.



with Dr. Ajeet Gajra

[Click here](#) to watch Dr. Ajeet Gajra on WSYR-TV 9's *Bridge Street* discuss cancer research and clinical trials.