Patient Newsletter August 2024



Welcome Cherie Tan, M.D.

We are thrilled to announce Dr. Cherie Tan has joined our physician team! Dr. Tan is a medical oncologist and hematologist who completed fellowship training at the University of Maryland Medical Center - Greenebaum Comprehensive Cancer Center, where she was Chief Fellow.

Dr. Tan will be working in our new Camillus Center. She is seeing patients in our Brittonfield location until our Onondaga Hill office is relocated to Camillus on Monday, September 16.

To learn more about Dr. Tan, please click here

Our new online program, Phreesia, improves the accuracy of your medical records, saves you time in the office, and eliminates the stress of remembering to remembering to bring all your













When you have an appointment scheduled you will get a reminder text. If the appointment includes any papers that we need, you will see a link when you click the "confirm appointment" button. Appointments such as "lab only" will not need any paperwork completed.

Please complete your registration paperwork online (using your phone or computer) before you come to the office for your appointment and your check-in process will be much easier.

Thank you for your patience with getting used to this new process!

HOA is the First Cancer Care Center in New York State to Offer Bispecific Antibody Therapy in an Outpatient Setting -Eliminating the Need for a Mandatory Hospital Stay



Bispecific antibody therapy is a powerful treatment option for patients with liquid and solid Bispecific antibody therapy is a powerful treatment option for patients with liquid and solid tumors that uses the body's own immune system to fight the disease by binding to two different cells – the disease cells and t-cells (a type of white blood cell that protects the body from infection and fights cancer). Studies show that depending on the bispecific agent, up to 60% of patients receiving therapy have a positive response whereby disease progression is slowed and/or stopped, thus improving their quality of life and/or extending their life expectancy.

Prior to our program, the risk of complications from bispecific therapy's initial dosing period required a patient be admitted to the hospital for administration of the medication and monitoring of reactions which many times do not occur. The hospital stay for bispecific therapy can range from a day or two on multiple occasions up to as long as 14 days.

To learn more <u>click here</u>. To see a recent syracuse.com article about the program, <u>click here</u>.



Meaning-Centered Psychotherapy Group for People with Advanced Cancer

People with advanced cancer are often confronting an existential crisis of loss of meaning, value and purpose in life. To help identify and manage those feelings, we invite you to join us for a series of group discussions on the following topics:

- The concept of meaningfulness
 Defining what is meaningful in your life
 Finding ways to maintain a sense of meaning while living with cancer

Inspired by the book, *Man's Search for Meaning* by Viktor E. Frankl, this eight-week group will be facilitated by Pamela Coffey, LCSW & Stacey Menzari, MS. Meeting dates are:

Wednesdays from 3:00 - 4:30 p.m. | September 25 - November 13 Advance registration required: 315-472-7504 ext 1349 or smenzari@hoacny.com

Lungs for Life Program

Research has shown that most lung cancers are associated with, and probably caused by, cigarette smoking. Even without noticeable symptoms of lung disease, you may be at risk for developing lung cancer.



Our Lungs for Life program combines the expertise of physicians from HOA and CRA Medical Imaging to administer a low-dose CT scan to help detect and diagnose lung cancer at an early stage. The CT scan is painless, requires no injections, and takes less than a minute.

Insurance will cover the cost of this screening for individuals aged 50-80 who have a heavy smoking history, or were a heavy smoker who quit within the last 15 years.

Smokers who are younger and interested in being screened can pay \$250 for the test.

Once the scan results are back our Lungs for Life Nurse Practitioner goes over the results with the patient and schedules the next scan, depending on results.

Anyone with symptoms of lung cancer (learn more here) should speak with their provider about a diagnostic lung cancer screening as soon as possible.

To schedule a Lungs for Life screening call 315.472.7504.



Offices: Auburn - East Syracuse - Onondaga Hill | 315.472.7504 | hoacny.com







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