



Hematology-Oncology Associates of CNY

Personalized cancer care – when you need us, where you need us.

315.472.7504 | hoacny.com

Patient Newsletter April 2024

Meaning-Centered Psychotherapy Group

Inspired by the the book " *Man's Search for Meaning*," by Victor E. Frankl, we are offering an eight-week, free, Meaning-Centered Psychotherapy Group for people with advanced cancer.

The group will discuss the concept of meaningfulness and the ways people find a sense of meaning and purpose both in general, and also specifically in relation to having a cancer diagnosis. The group will have specific exercises as well as a discussion of concepts and how they relate to participants' actual experiences. Attendance at all eight sessions is expected.

Advance registration is required. Call Pamela Coffey, LCSW at 315-472-7504, ext. 1068

New...

Meaning-Centered Psychotherapy Group Will Meet Wednesdays May 1 - June 19 from 2:30 - 4 p.m.



New...

Parenting Through Cancer Will Meet Thursdays

May 2- June 13 from 11 a.m. - 12:30 p.m.



Join us for a free weekly support group to share experiences and learn from each other. For more information and to register, contact Jodi Valentine, HOA Social Worker, at jvalentinesanson@hoacny.com

Parenting Through Cancer Support Group

Being a parent who also is managing life with cancer can be physically and emotionally challenging. You may wonder or worry about...

- How to meet the needs of your family while also taking care of yourself
- How to talk to your children about what you are going through
- How to help your children who are struggling to cope with their own feelings
- How to manage challenging behaviors that children display when they are upset or scared

Trusted Cannabinoid Therapy Available in our Patient Rx Center

Knowing that many of our patients utilize Cannabinoid (CBD) therapy to alleviate pain, anxiety and problems with sleep we now offer Corganics brand CBD drops, softgels and cream in our Patient Rx Center. These products are rigorously tested, clinically proven and exclusively available through healthcare professionals. The product does not contain any detectable THC and is non-psychoactive while still delivering optimal results.

[Click here](#) for answers to Frequently Asked Questions about CBD.



Proud Members of the Community Oncology Alliance

Earlier this month some of our team members attended the annual [Community Oncology Alliance](#) annual conference. The meeting offers abundant opportunities to learn and share information about the best practices for managing community-based cancer centers like ours. Among ideas shared are news and updates about patient advocacy activities.

If you are interested in learning more about our local cancer patient advocacy activities please contact Chelsea Klock, RN, OCN at cklock@hoacny.com and/or [click here](#)



with Dr. Santosh Kumar

[Click here](#) to listen to Dr. Kumar on 93Q-FM discuss colorectal cancer awareness and treatments.



Testicular cancer is the most common cancer in men ages 15-35. With treatment, it is also one of the most curable cancers in up to 95% of patients! [Click here](#) to learn more.

