



Hematology-Oncology Associates of CNY

Personalized cancer care –
when you need us, where you need us.

Auburn | East Syracuse | Camillus

315.472.7504 | hoacny.com

Happy Holidays!



Radiopharmaceutical Therapy Now at HOA

We treated our very first radiopharmaceutical therapy patient last month (pictured here with some of the team), marking an exciting new chapter in how we're able to care for people facing cancer!

Radiopharmaceutical therapies represent an important advancement in cancer treatment, using targeted radiation to deliver therapy

directly to cancer cells while sparing healthy tissue.

At this time, radiopharmaceuticals are primarily used to treat prostate cancer and neuroendocrine tumors. However, there are many radiopharmaceutical treatments currently in clinical trials, our [clinical research department](#) will be offering several of those trials locally. Anyone interested in a clinical trial not currently listed on our website is welcome to contact our team at 315.472.7504, ext 1350, and we can help explore options for you.

How Radiopharmaceuticals Work

Radiopharmaceuticals work by identifying cancer cells and delivering radiation directly to them. In targeted radiopharmaceutical therapy, the medication contains an unstable isotope of an element that is radioactive. Radioactive isotopes are guided by molecules, such as monoclonal antibodies, to bind to specific targets on cancer cells while minimizing exposure to healthy cells. This allows the radiation to be delivered straight to the tumor, where it starts to destroy the cancer cells. Cancer cells do not need to absorb radiopharmaceuticals for the treatment to be effective; simply attaching to the surface of the cells is sufficient. Once the radioactive compound binds to the cell, it emits radiation that penetrates the connected cell. [Click here](#) for more information.

Breast Cancer Support Group

for women in their 20s, 30s, 40s



Pamela Coffey,
LCSW-R



Tricia Eveleigh, NP

4:30pm-6pm
1st Wednesday of every Month

Hematology Oncology Associates of CNY
5008 Brittonfield Parkway, East Syracuse

Please register by calling Pamela Coffey
@ 315-472-7504 ext 1068

or [click here](#) to email pcoffey@hoacny.com

Top 10 Reasons to Join This Group

1. Connect with people who "get it."
2. Address the unique issues younger patients face.
3. Reduce anxiety and emotional overload.
4. Learn from real-life experiences.
5. Build a sense of community and belonging.
6. Gain strength from shared hope and resilience.
7. Opportunity for emotional release.
8. Improve overall mental well-being.
9. Learn practical resources and get referrals.
10. Build lifelong connections.

[Click here](#) for more information about our Support Groups.



Insurance Plans Restart Coverage in 2026

Your Financial Responsibility Also Restarts

Most insurance plans restart with the new year. This means your insurance card will need to be rescanned to your chart for 2026. With our pre-registration system - Phreesia - you can do that at home before your first appointment in 2026. Otherwise, our front desk team will ask for your card to scan at your first appointment in 2026, which will add a little extra time to that visit.

Your responsibility for deductibles, copays, co-insurances & meeting your yearly out-of-pocket maximum also restarts at this time. If you have any financial or insurance concerns, please ask to speak with one of our Patient Advocates. They are here to assist with any questions, and to help secure possible financial assistance through foundations, drug assistance programs or additional insurance coverage options.

Healthy Holiday Tips from eatright.org

The holidays are a great time for gathering with friends and family over food and drinks. With just a little preparation, you can enjoy celebratory foods mindfully and still experience all that the season has to offer.

At a dinner party or other gathering, consider these tips to keep your night healthy, happy and safe:

- Start your day with a small meal that includes whole grains, fruit, vegetables and some type of lean protein. Skipping meals before the event may lead some people to overeat later.
- Socialize and settle into the festivities before seeking out the buffet.
- Savor foods you truly enjoy and pass on those that don't really interest you.
- Move your socializing away from the buffet tables or appetizer trays. This will minimize the mindless nibbling.
- When it comes to alcohol, satisfy your thirst by drinking water first. Keep in mind, even a single drink may affect your reflexes for several hours. If you plan to drink, keep your holidays merry for everyone by designating a driver who won't be drinking.



**NOTE: In 2026 our patient newsletter will be
mailed every other month!**

Offices: East Syracuse - Auburn - Camillus | 315.472.7504 | hoacny.com



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